

Nos Conocimos

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Music: CD: Mis Boleros Favoritos [Luis Miguel] Track 1 No Me Platiques Mas
Availability: Download Rhapsody, Amazon, & others
Rhythm: Bolero Time at speed on CD: 3:30 21 mpm
Timing: SQQ [timings noted in margin are for weight changes only]
Footwork: Opposite unless noted (*Woman's footwork in parentheses*)
Phase: Phase V+2 [Curl, Same Foot Lunge]
Difficulty level: Above Average [timing & transitions]
Sequence: **Intro A B C D B End**

MEAS:

INTRO

1-4 VARS WALL TRAIL FT FREE WAIT 1 ; 1 SWEETHEART ; TURN W TO FC CHANGE HANDS & U-ARM TURN ; LUNGE BREAK ;

- 1 VARSU WALL M's R W's L foot free wait 1 ;
2 {**SWEETHEART**;} Sd R w/body rise & R sd stretch,-, slip fwd L w/R sd lead to contra check action, rec R w/L sd stretch (*sd L w/body rise & L sd stretch,-, slip bk R w/L sd lead to contra check action, rec L w/R stretch*) end L-VARSU ;
3 {**TURN W TO FC & U-ARM TURN**;} Releasing jnd L hands sd L w/body rise bringing jnd R hands down trng W to face join lead hands, - raise jnd hands preparing W's RF turn, XRib, rec L bring jnd hands down (*fwd R swiveling RF to fc ptr pt L ft to sd,-, under jnd lead hands XLif trng RF, fwd R RLOD swiveling to fc ptr*) ;
S - - 4 {**LUNGE BREAK**;} Sd & fwd R w/body rise,-, comm slight RF body turn lower on R to lead W
(SQQ) bk allow L to extend sd & bk, comm slight LF body turn rise on R (*sd & bk L w/body rise,-, bk R w/contra check like action, fwd L*) end LOP-FCG WALL ;

5-9 NAT TOP ; W REV U-ARM TURN TO LOOSE CP ; M 2 SLOW RKS / W X SWIVELS ; M HOLD / W X SWIVEL ,- , FWD ; W SWIVEL TO SLOW HINGE ;

- 5 {**NAT TOP**;} LOP-WALL blending to CP sd L trng RF,-, XRib cont trng RF, sd L cont trng RF (*fwd R,-, sd L, XRif*) end CP COH ;
6 {**W REV U-ARM TURN**;} XRib cont trng RF,-, sd L to fc WALL, cl R (*fwd L,-, fwd R trng LF under jnd lead hands, sd L to fc ptr*) to loose CP WALL ;
SS 7 {**M 2 SL RKS / W 2 X SWIVELS**;} Sd L leading W to swivel RF,-, sd R leading W to swivel LF,- (*fwd R swiveling RF,-, fwd L swiveling LF,-*) ;
- - S 8 {**M HOLD / W X SWIVEL,-, FWD,-**;} Hold leading W to swivel RF,-, fwd L w/rise,- (*fwd R swiveling RF,-, fwd L,-*) ;
(SS) ---- 9 {**W SWIVEL TO HINGE**;} Lead W to swivel LF, lower pt R ft to sd,-, (*swivel LF on L ft, lower & pt R ft thru between ptrs,-*) end hinge position WALL ;

PART A

1-4 [SAME FOOTWORK] REC / W CURL TO WRAP FC LOD & FWD 2 ; SYNC BL WALK FC WALL ; SYNC HIP RKS ; X BODY / W SYNC REV U-ARM TURN / M FC COH ;

- 1 {**REC / W CURL TO WRAP & FWD 2 LOD**;} HINGE WALL SAME FOOTWORK sd R w/body rise leading W to turn LF under jnd lead hands,-, blend to WRAP LOD fwd L, fwd R (*fwd R trng LF under jnd lead hands,-, fwd L, fwd R*) ;
S&QQ 2 {**SYNC BL WALK TO FC WALL**;} Fwd L,-/fwd R, fwd L, fwd R trng RF to fc WALL ;
S&QQ 3 {**SYNC HIP RKS**;} Sd L,-/rec R, rec L, rec R ;
SQQ 4 {**X BODY / W SYNC REV U-ARM TURN / M FC COH**;} Sd L w/rise & slight LF body turn
(S&QQ) releasing trail hands,-, raise jnd lead hands leading W to turn LF cont LF turn sm bk R lowering, fwd L cont LF turn bringing jnd lead hands down (*sd L w/rise & LF body turn,-/fwd R cont turn to fc ptr, lowering fwd L LOD trng LF, sd R comp LF turn*) end LOP-FCG COH ;

PART A Continued

5-8 [OPPOSITE FOOTWORK] HORSESHOE TURN ; ; SD TO BFLY SCAR ,-, CHK FWD ; W DEVELOPE ,-, QK REC ;

- 5 {**HORSESHOE TURN;**} LOP-FCG COH sd & fwd R w/R sd stretch to a V pos,-, slip thru L w/checking action cont to shape to ptr, rec R raising lead hands (*sd & fwd L w/L sd stretch to V pos,-, slip thru R w/checking action cont to shape to ptr, rec L raising joined lead hands*) ;
- 6 Fwd L comm LF turn,-, fwd R comm circle walk, fwd L compete circle walk to fc ptr (*fwd R comm RF turn,-, fwd L cont RF circle walk under joined lead hands, fwd R complete circle walk*) end BFLY WALL ;
- SS 7 {**SD TO BFLY SCAR,-, CHECK FWD;**} Sd R,-, fwd L w/R sd stretch,- (*L sd stretch,-*) ;
- Q 8 {**W DEVELOPE,-, QK REC;**} M hold changing sway to lead W to develop,-,-, rec R (*bring L ft up R leg to inside of knee, extend L ft fwd, bring L ft down to R ft, fwd L*) end BFLY WALL ;

9-13 OPENING OUT 2X ; ; X BODY / W SYNC REV U-ARM TO HAND SHAKE ; HALF MOON ; ;

- 9 {**OPENING OUT 2X;**} BFLY WALL cl L w/body rise comm LF body rotation,-, lower completing upper body turn & extend R ft to sd, rise & rotate RF (*sd & bk R w/body rise comm body rotation to match ptr,-, XLib lowering, fwd R*) to BFLY ;
- 10 Cl R w/body rise comm RF body rotation,-, lower competing upper body turn & extend L ft to sd, rise & rotate LF (*sd & bk L w/body rise comm body rotation to match ptr,-, XRib lowering, fwd L*) to BFLY WALL ;
- SQQ 11 {**X BODY / W SYNC REV U-ARM TO HAND SHAKE;**} Sd & bk L w/rise trng LF,-, bk R w/slipping action trng LF raise jnd lead hands leading W to trn LF, fwd L trng LF (*sd & fwd R,-, fwd L comm LF trn under jnd hands/fwd R cont LF turn, fwd L cont LF turn/ fwd R trng to fc ptr*) shake hands M fc COH ;
- 12 {**HALF MOON;**} Sd R comm RF turn w/R sd stretch slight V shape twd ptr,-, cont trng RF slip fwd L shaping to ptr, rec bk R trng to fc ptr ;
- 13 Trng 1/4 LF sd & fwd L w/L sd stretch,-, slip bk R shaping to ptr, fwd L cont trng 1/4 to fc ptr (*trng 1/4 RF sd & fwd R raising L arm trng slightly away from ptr but looking at and shaping to ptr,-, slip fwd L in front of M trng LF 1/2, bk R cont trng 1/4 LF to fc ptr*) end HANDSHAKE WALL ;

14-16 START HALF MOON ; FAN M FC LOD [CHANGING HANDS] ; FWD BREAK ;

- 14 {**START HALF MOON;**} HANDSHAKE WALL repeat meas. 12, Part A ;
- 15 {**FAN CHNG HANDS M FC LOD;**} Sd L w/body rise,-, bk R w/slipping action trng LF to fc LOD join lead hnds, fwd L (*sd & fwd R w/body rise,-, fwd L LOD trng LF to fc ptr, bk R*) ;
- 16 {**FWD BREAK;**} Sd & fwd R w/body rise,-, fwd L w/ contra check like action, bk R to LOP-FCG LOD ;

PART B

1-4 R PASS / W SYNC & OVERTURN TO OP WALL ; [SAME FOOTWORK] OP FENCE LINE ; START A R PASS / W SYNC ROLL RF TO SHDW COH ; SHDW CONTRA BREAK ;

- SQQ 1 {**RT PASS / W SYNC & OVERTRN TO OP WALL,-;**} LOP-FCG LOD fwd & sd L w/body rise trng RF to fc WALL raise lead hands to create window,-, sd R bring jnd hands down & release hand hold, XLif join trail hands (*fwd R w/body rise shaping to ptr L hand to ptr's chest,-/fwd L, fwd R trng LF under jnd hands, fwd L cont LF turn to fc WALL*) end OP WALL ;
- 2 {**OP FENCE LINE;**} Same Footwork sd R w/body rise,-, lowering XLif, rec R ;
- SQQ 3 {**START R PASS / W SYNC ROLL RF TO SHDW COH;**} Fwd L twd WALL w/body rise trng RF bringing joined hands low,-, lead woman to roll RF sm bk R cont RF trn, XLif (*fwd L,-, fwd R trng RF/sd L trng RF, fwd R trng RF/sd L trng RF*) end SHDW COH ;
- 4 {**SHDW CONTRA BREAK;**} Sd R w/body rise,-, fwd L w/contra check action, bk R end SHDW COH L-L hands jnd ;

PART B Continued

5-8 TO RLOD FWD, SYNC U-ARM ROLL [FC WALL] ; SLOW X CHECK EXTEND R ARMS ; REC TURN & FWD TO FC,- / W LF RIFF TURN UNDER JND L HANDS ; REV U-ARM TURN TO X HANDS L OVER R ;

- S&QQ 5 {**SYNC U-ARM ROLL FC WALL;**} SHDW COH sd & fwd L w/body rise trng LF fc RLOD,-/fwd R raising jnd L-L hands, fwd L trng RF, sd & fwd R cont RF turn (*sd L w/body rise trng LF fc RLOD, -/fwd R, fwd L comm RF turn under jnd L-L hands, sd & fwd R cont RF turn*) end both fcg WALL M in front of W w/L hands joined in front of W ;
- S 6 {**SLO X CHECK EXTEND R ARMS;**} Lowering XLif looking to RLOD, slowly extend R arms,-,-;
- SS 7 {**REC TRN,-, FWD TO FC / W LF RIFF TURN UNDER JND L HANDS;**} Rec R raising joined L-
- (SQQ) L hands comm LF turn,-, sd & fwd L trng LF to fc ptr,- (*rec R,-, sd & fwd L spinning LF, cl R comp 1 full LF turn*) ;
- 8 {**REV U-ARM TURN TO X HANDS L OVER R;**} Opposite footwork sd R w/body rise raising joined L-L hands,-, XLif lowering leading W to turn LF, bk R join R-R hands under jnd L-L hands (*sd L w/body rise comm LF body turn under jnd L-L hands,-, XRif lowering cont trng ½ LF, fwd L to fc ptr*) end ptrs fcg L-L over R-R hnds M fcg COH ;

PART C

1-4 [OPPOSITE FOOTWORK] X BODY IN 5 / W REV U-ARM VARS LOD; [INSD FT] BREAK BK ; ARMS IN FRONT SYNC BL WALK ; FWD CHAIR w/ ARM EXPLOSION REC TO FC ;

- SQQ 1 {**X BODY IN 5 / W SYNC REV U-ARM;**} M fcg ptr & COH jnd L-L hands over jnd R-R hands sd L shaping to ptr,-, bk R w/slipping action trng LF leading ptr to turn LF under jnd L-L hands/fwd L cont trn, fwd R cont trn/cl L raising jnd R-R hands (*sd R w/body rise shaping to ptr,-, fwd L comm LF turn under jnd L-L hands/fwd R cont LF turn, fwd L cont LF turn/cl R*) end VARS DLW;
- 2 {**VARS LOD BREAK BK;**} Cont LF turn bk R w/body rise,-, lowering bk L, fwd R ;
- S&QQ 3 {**ARMS IN FRONT SYNC BL WALK;**} Fwd L w/body rise, -/fwd R, fwd L bring jnd hands down in front, fwd R ;
- 4 {**FWD CHAIR w/ ARM EXPLOSION REC TO FC;**} Fwd L w/body rise,-, check thru R shaping to ptr w/arm explosion, rec L trng to LOP-FCG WALL ;

5-8 LF RIFF TURNS ; FWD TO RLOD & THRU TO CP ; R LUNGE w/SYNC RKS TO HI-LINE ; ROLLING R LUNGE ;

- QQQQ 5 {**LF RIFF TURNS;**} LOP-FCG WALL sd R raising lead hands to lead W into LF spin, cl L as W completes spin, sd R keeping lead hands up, cl L (*sd & fwd L comm LF spin, cl R to L spinning LF competing 1 full turn under lead hands, fwd L comm LF spin, cl R completing 2nd full spin under lead hands*) ;
- SS 6 {**FWD & THRU TO CP;**} Blending to LOP RLOD fwd R w/body rise trng RF bringing jnd lead hands thru between ptr,-, thru L trng LF (*RF*) to CP,- ;
- SQ&Q 7 {**R LUNGE w/ SYNC RKS TO HI-LINE;**} Flexing L knee sd & slightly fwd R,-, rec L/sd R, rec L w/R sd stretch opening W's head ;
- S -- 8 {**ROLLING R LUNGE;**} Flexing L knee sd R, slowly change sway to cl W's head,-,- end CP WALL ;

PART D

1-4 M REC,-, TCH / W CURL,-, CL TO SHDW ; [SAME FOOTWORK] [R FT] SHDW FENCE LINE ; FWD TO SYNC SHDW SERPIENTE ; ;

S -- 1 {**M REC,-, TCH / W CURL,-, CL TO SHDW;**} CP WALL sd L w/body rise raising jnd lead
(SS) hands to lead W to spiral,-, tch R to L,- (*sd R spiraling LF under jnd lead hands,-, cl L,-*) blending to SHDW WALL ;

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2 {**SHDW FENCE LINE;**} SAME FOOTWORK sd R w/body rise,-, XLif w/bent knee, bk R ;
S&QQ 3 {**SYNC SHDW SERPIENTE;**} Sd & fwd L w/body rise,-/XRif, sd L, XRib ;
SQQ 4 Ronde L CCW,-, XLib, sd R end SHDW WALL SAME FOOTWORK ;

5-8 RONDE TO FENCE LINE ; FENCE LINE ; FAN / W SYNC / M FC LOD ; [OPPOSITE FOOTWORK] FWD BREAK ;

--QQ 5 {**RONDE TO FENCE LINE;**} SHDW WALL SAME FOOTWORK XLif, ronde R CCW, XRif
w/bent knee, bk L ;
SQQ 6 {**FENCE LINE;**} Sd R w/body rise,-, XLif w/bent knee, bk R ;
7 {**FAN / W SYNC M FC LOD;**} Sd & bk L w/body rise & slight RF body rotation,-, bk R w/slipping
action trng LF, fwd L comp trn fc LOD joining lead hands (*sd & bk L, -/bk R, fwd L trng LF to fc
ptr, bk R*) end LOP-FCG LOD ;
8 {**FWD BREAK;**} Sd & fwd R w/body rise,-, fwd L w/contra check like action, bk R to LOP-FCG
LOD ;

PART B

1-4 R PASS / W SYNC & OVERTURN TO OP WALL ; [SAME FOOTWORK] OP FENCE LINE ; START A R PASS / W SYNC ROLL RF TO SHDW COH ; SHDW CONTRA BREAK ;

1-4 Repeat meas. 1-4, Part B ; ; ; ;

5-8 TO RLOD FWD, SYNC U-ARM ROLL [FC WALL] ; SLOW X CHECK EXTEND R ARMS ; REC TRN & FWD TO FC,- / W LF RIFF TURN UNDER JND L HANDS ; REV U-ARM TURN TO X HANDS L OVER R ;

5-8 Repeat meas 5-8, Part B ; ; ; ;

END

1-4 [OPPOSITE FOOTWORK] L PASS / W SYNC REV U-ARM TURN VARSU; BREAK BK ; ARMS IN FRONT SYNC BOL WALK ; FWD, CHAIR w/ ARM EXPLOSION , REC TO CP ;

1-4 Repeat Meas. 1-4, PART C ; ; ; ;

5-8 LF RIFF TURNS ; PREPARE AIDA [on "EN QUE"] ; AIDA LINE, SWITCH LUNGE ; FWD,-, MANU, PREP TO ;

QQQQ 5 {**LF RIFF TURNS;**} Repeat Meas. 5, PART C ;
6 {**PREPARE AIDA;**} Sd & fwd R w/body rise to mod V shaping twd ptr,-, lowering thru L, trng LF
(*RF*) sd R ;
7 {**AIDA LINE,-, SWITCH LUNGE;**} Bk L cont LF (*RF*) turn to Aida Line,-, trng to fc ptr sd R
w/lowering into soft R (*L*) knee,- ;
SQQ 8 {**SLOW FWD, MANU, PREP TO;**} Blending to SCP fwd L,-, thru R trng RF w/L sd stretch to
(SQQ&) CP RLOD, bk L cont RF turn to fc COH/ tch R w/R sd stretch (*fwd R,-, fwd L, fwd R between
M's feet cont trng RF/swiveling RF on R sm sd & bk L in preparation*) end M fcg COH ;

9-10 SAME FT LUNGE [on LAST NOTE] ; SLOWLY CHANGE SWAY ;

S -- 9-10 {**SAME FOOT LUNGE; SLOW CHANGE SWAY;**} M fcg COH lower on L w/slight L sway sd R
toe pointing DLC (*XRib well under body*), cont to transfer all weight to R soft knee & comm to
stretch up & sway R,-, (*head well L*) ; slowly change sway by trng body slightly RF stretching

R side to open head to L and W's head to R, -, -, - ;